SATIN HANDS AND FEET

<u>Items needed</u>: Mary Kay Satin Hands Set, Mary Kay Foot and Leg Energizer, two large microfiber towels, one large towel, two plastic bags (bathroom size), rubber bands

Instructions - Satin Hands

Massage the Protecting Softener on hands.

Pump one portion of Refining Shea Scrub onto hands.

Massage Scrub on the skin while running your hands under warm water.

Dry hands and apply a small portion of Nourishing Shea Cream





Instructions - Satin Feet

Massage the Protecting Softener on one foot.

Pump one portion of Refining Shea Scrub and rub on foot.

Wet and warm a microfiber towel and wrap foot
Insert foot into plastic bag and secure with rubber
band. Cover with large towel. Repeat with other
foot. Allow to set for 15 minutes. Remove.
If necessary use warm cloth to remove any product still
there. Apply Foot and Leg Energizer.

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